

## Breakfast

Fresh Fruit Cup	\$2.99
Yogurt and Granola Parfait	\$3.99
Bagel/English Muffin/Toast (2)	\$1.50

*With choice of cream cheese,  
butter, peanut butter or jam*

Beasman Breakfast Burrito	\$3.99
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## Specialty Beverages

Single Espresso	\$1.50
Double Espresso	\$2.50
Cappuccino	\$3.00
Latte	\$3.00
Triple C- Copper Caramel Café	\$3.00
Mocha Café	\$3.00
French Vanilla Café	\$3.00
Domestic Beer	\$3.50
Local Beer	\$4.50
Red/White Wine	\$5.25

*\* Specialty Coffees are served in 12 oz.  
cups with the exception of espresso*

*\* All lattes are available iced*

## Bistro Menu



710 Obrect Rd.  
Sykesville, Md 21784  
410.795.8808  
<http://copperridge.org/bistro>

*Enjoy!*



## Lunch & Entrées

### MAKE IT A MEAL:

For an extra \$1, get chips and a beverage

Ham and Cheese Croissant	\$3.99
Turkey and Cheese Croissant	\$3.99
Chicken Salad Croissant	\$5.99
Tuna Salad Croissant	\$5.99
Soup Du Jour (Bowl)	\$3.99
(Cup)	\$2.50

Monday: Tomato Basil Cream

Tuesday: Soup Du Jour

Wednesday: Lemon Chicken Orzo

Thursday: Soup Du Jour

Friday: Chili

Saturday: Soup Du Jour

Sunday: Beef Vegetable

Chef's Selection of Entrée Salads	\$4.99
Chef's Selection of Paninis	\$5.99
Chef's Selection of Naan Flatbreads	\$5.99

### A Unique Culinary Program:

#### Fresh Benefits<sup>SM</sup>

Our culinary and clinical nutrition teams have developed an array of recipes consisting of super smoothies, enriched snacks and fortified foods that are prepared with fresh ingredients to replace commercial supplements.

#### Fresh Bites<sup>SM</sup>

With an extensive menu of finger food recipes, particularly those with dementia, diminished motor control, or roaming dining needs will no longer require the use of cutlery or nursing assistance as they enjoy each meal with a renewed sense of independence and dining satisfaction.

#### Purée With Purpose<sup>SM</sup>

Purée With Purpose<sup>SM</sup> is the most advanced puree program in the industry, empowering residents to dine with dignity" by enjoying meals with the same great flavors, aromas, and appearance as their peers.



## Snacks & Dessert

Side Garden Salad	\$2.50
Assorted Gourmet Chips	\$0.99
Mini Assorted Cupcakes (3)	\$2.50
Mini Muffin	\$1.50
Croissant	\$1.50
Scone	\$1.99
Danish	\$1.99
Triple chocolate brownie	\$1.99
Assorted cookies, each	\$0.99
Assorted pies and cake, slice	\$1.99
Whole Fruit	\$0.99
Premium Bars	\$2.29
Assorted Snack Cups, each	\$2.50
Malted Milkshake	\$2.99

*Ask about our chef special for the day!*

Breakfast: 8:00 - 9:30 a.m.

Lunch: 11:00 a.m. - 2:00 p.m.